

**EXHIBIT 17.2 Preparing a Near-Verbatim Summary of an EMDR Therapy Reprocessing Session**

Complete the relevant sections of the “Case Inquiry Form.”
On the near-verbatim summary document, turn on line numbering and page numbers (MSWord—Format—Document—Line numbering—Continuous).
If using the standard EMDR protocol include the details of Phase 3—Assessment of the target.
Use 1.5 or 2.0 line spacing for legibility.
Start a new line for patient verbal and nonverbal responses to each set of bilateral stimulation (BLS).
Indicate the mode and speed of BLS used: eye movement, tones, taps.
Indicate number of passes of BLS per set at the start of the line.
Indicate your (clinician) statements in [square brackets] and significant nonverbal patient responses in [square brackets].
Indicate when you go back to target with “T.”
You may omit standard phrases (“Notice that”), but include other statements such as [Location] = “Where do you feel that?”

EMDR, Eye Movement Desensitization and Reprocessing.

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EXHIBIT 17.3 Sample Near-Verbatim Summary of an EMDR Therapy Reprocessing Session

Target: Age 4. Witnessing father hitting mother.
 Picture: The fear in her face.
 NC: It is my fault. I am worthless.
 PC: It was not my responsibility to protect her. I am worthy.
 VoC: 3.
 Emotion: Fear and shame.
 SUD: 8.
 Location: Chest and throat.
 BLS mode: Eye movements. Eye scan. Speed 28—moderately fast. Horizontal.
 26: Nothing. I was just watching the lights moving.
 26: The tightness in my chest and throat increased. I remember her nose bleeding. [Eyes widen in fear.]
 30: I remember wanting to run and hide, but I couldn't move. [Location?] In my legs.
 30: [Deeper faster breathing during this SEM. Eyes still wide in fear.] I just feel frozen. [Who was responsible for protecting your mother and keeping her safe, you as a 4-year-old boy, or your mother, the adult?] She was.
 24: Why didn't she leave him? He was so cruel to her. [Facial expression shows anger more than fear now. Micro-expression of disgust.]
 28: I am so angry that she stayed. She claimed it was for us, but I think she was too weak to leave.
 26: I was just thinking about my grandfather, her father. He was an angry drunk who hit his wife and all his children. I think she grew up expecting men to be like that. [Wipes tears in eyes.]
 26: She didn't know any better.
 26: She is better off now that he is gone. She has her dignity now.
 T: It is just a picture. It doesn't bother me as much now. SUD: 2. [Worst?] There was no one to protect me. [Compassionate interweave. Imagine what you might say to the boy now.]
 24: I would tell him that he is safe now. That it wasn't his job to protect her. That he is a good person, a kind person.
 24: Calmer. I feel calmer.
 24: Calm.
 T: It seems farther away. It doesn't bother me. SUD: 0.
 24: The same. SUD: 0. PC: I am worthy. Final PC: I am a good person. VoC: 5. Install.
 24: VoC: 6. Install.
 24: VoC: 7. Install.
 24: VoC: 7. Same. [Body Scan.] Tightness in back of neck.
 26: Less tightness.
 24: It's gone. [Body Scan.] I feel lighter. I feel taller.
 24: I feel taller and like I can stand up straighter. I can look you in the eyes more easily.
 24: The same. I feel good.

BLS, bilateral stimulation; NC, negative cognition; PC, positive cognition; SUD, Subjective Units of Disturbance; VoC, Validity of cognition.